

# OASIS

## SENIOR CENTER

### QUARTERLY NEWSLETTER

#### TAXES ARE BACK!

The Oasis will begin scheduling appointments on January 15th, 2024, with appointments available from February 8th until April 5th, 2024! Please see page 10 for more important tax information!

PAGE 10

#### TRIPS!

Oh the places you will go! Check out our trips! Book today, they fill up fast!

PAGE 6 - 7

#### LIFT CHAIR GIVEAWAY

See page 12 for info on a charitable giveaway to a deserving Oasis Member.

PAGE 12



"Family Ties at Oasis: Board Member and Great-Grandchild Share Moments"



PAGE 4 | VALENTINE'S DAY  
LASAGNA-PREORDER

#### In this issue

2-3. Health and Wellness  
4-5 Fundraisers  
6-7 Day Trips  
8-9 Services  
10-11 Announcements,  
Board of Directors  
12-14 Volunteer  
information & Calendars

#### Contact us:

2810 Woodlawn Rd, Lincoln  
Monday-Friday 9-3  
217-732-6132  
[oasisseniorcenter.com](http://oasisseniorcenter.com)

#### Our Mission

To Provide a place where senior citizens, as individuals or in groups, come together for services and activities which enhance their health, dignity, support independence, and encourage their involvement in and with the community.

# HEALTH AND WELLNESS



**EnerChi** is a blend of **Tai Chi** and **Qigong** created by Silver Sneakers. The class is a standing class—but can be adapted for participants that require seating!

Classes are 45 minutes long and the session lasts for 10 weeks.

**Mondays at 3pm**    **Thursdays at 4pm**

(see calendar for additional details)

**\*\*Please note the time change for Chair  
Yoga & Thursday EnerChi\*\***

Registration required. If you qualify for SilverSneakers, classes may be free. Please see Georgia to see if you qualify.

## **ChairYoga**

**Mondays at 4:00pm**

Chair yoga, a **gentle form of yoga that's done while seated or using a chair for balance**, makes the practice more accessible.

(see calendar for additional details)

**\*\*Please note the time change for Chair Yoga &  
Thursday EnerChi\*\***  
These are gentle courses that can be easily modified if needed.

**Member Cost: \$25      Non-member Cost: \$30**  
Cost is per 10-week session, payable to Georgia Allison

## **15 min chair massages**

### **by Jasmine**

**\*\*Oasis Members only\*\***

**Price: \$15**

**9a-noon (appt required, contact The Oasis today!)**

**Dates: Jan 4th, Feb 1st, Mar 7th**

### **Blood Pressure Readings**

Nurses are at the Oasis on Fridays to perform Blood Pressure checks.—



**No Appt  
required!—**

**Fridays  
10:00am—11:30am!**

### **Foot Care**

**\*\* Oasis Members only\*\***

**Toenail trimming is available by appt,  
only please!**

**Jan 3rd, Jan 17th, Jan 31st**

**Feb 14th & Feb 28th**

**Mar 13th & March 27th**

**"EXERCISE YOUR MIND at THE OASIS"**

### **Oasis Book Club**

Group meets on the first Tuesday of the month from 10:00am – 11:00am.

**New member's welcome!**

**January 2** - Share what you have been reading.

**February 6** - Lessons in Chemistry by Bonnie Garmus

**March 5** - Simply Lies by David Baldacci



# "Stay Active, Stay Social, Stay Young at Our Senior Center!"

## Exercise Room

Open Monday – Friday 9:00am -3:00pm

Open by 45-minute appointments. Call Oasis to make appt.( appts preferred)

## WEEKLY

**Pinochle** – Mon/Weds/Fri 12:00pm – 2:30pm

**Mahjong** – Tuesdays 12:00pm – 2:00pm

**Euchre** – Weds & Fri 10:00am – 12:00pm

**Spades** – Mondays 10:00am – 12:00pm

**Puzzles**– Mon/Weds/Fri 9a-12:00pm



## **Contact Us!**

In person & online!

**Monday – Friday  
9:00am – 3:00pm**

**OasisSeniorCenter.com**

**www.Facebook.comOasisSeniorCenterLin**

## **"Sew What's Happening?"**

"Sew What's Happening?" is a group for textile crafts from quilting, embroidery, to crochet! Bring your projects and supplies to work on while socializing, bring completed works for show-and-tell, or just stop by to see what others' have been working on.

Group meets the second Tuesday of the month from 10:00am – 12:00pm.

October 11th, November 8th, December 13th.

## **Joyful painting with jody**

Jody provides a guided painting class, with different themes for each class. Sign up to see how talented you are! Check out our facebook page for more info!



Painting will resume in March!

Stay warm & please register for the next date:

March 11th, 2024

10am-12:30pm



**MEMBERS ONLY: \$30/PERSON**

**For all your Auto,  
Home & Life  
Insurance needs**

Chris Coyne

State Farm

Atlanta: 648-2722

Lincoln: 732-7755





OASIS SENIOR CENTER

# **VALENTINE'S DAY LASAGNA!**

Tecia's  
famous  
lasagna!

Serves 4,  
Heating  
Instructions  
included

\$20 per  
order



Included:  
8 x 8 lasagna/  
garlic  
bread

**Pre-order your dinner for  
Valentine's Day!**

**Order by Feb. 7, 2024**

**217-732-6132    2810 Woodlawn Rd, Lincoln, IL**

**PICK UP: FEB. 13TH  
AT OASIS BETWEEN 9-6**

## **Culvers Fundraiser**

Every fourth Wednesday of the month from 5:00—8:00pm Oasis volunteers will help bus tables & deliver meals to customers. In exchange, Culver's will donate **10% of all sales** during those hours to the Oasis.

**\*If you're unable to volunteer, be sure to stop in and eat. — If you are able to volunteer for this event, please call the Oasis. Thank you!**

**Jan 24th, Feb 28th, March 27th**



# Breakfast is served!

## JOIN US FOR PANCAKES AND SAUSAGE!

TICKETS: \$8

Saturday April 6th, 2024 | 8-11 AM

Dine in or Drive-Thru

Oasis Senior Center

2810 Woodlawn Road, Lincoln, IL



### Tuesday Night BINGO

\$8 to play, includes 50/50 raffle, and cash prizes!

5:00pm – Dinner fundraiser with dessert options.

6:30pm – Bingo starts.

**CLOSED** -Jan 2nd– Happy Holidays!

The Oasis Gift Shop is open during normal business hours and features many unique items.

### Floral Arrangements

Cones: \$18 Baskets: \$40 Saddles: \$45

**Annual Floral Sale coming in April 2024!**



OASIS

Gift  
SHOP

Monday-Friday 9am-3pm





# Day Trips

**"Embrace Life's New Adventures!"**

## Reservations

Payment is required at the time of reservation. No phone reservations will be accepted, but you may purchase tickets over the phone with a credit or debit card.

## No Show



It is the responsibility of the member to mark the trip on their calendar. If the member doesn't show for a trip – no refunds will be issued.

## Cancelation Policy

If the trip is cancelled by the Oasis, the trip fee will be refunded in full. This will be issued by check and may take up to 10 business days to issue.

**If YOU cancel**, a full refund minus a \$5 cancellation, per individual, per trip, will be made if written/verbal cancellation is received in less than 4 business days before the excursion. In cases where tickets have been purchased, the ticket price will not be refunded unless tickets can be resold. After that date, there will be no refund unless a standby or substitute participant is available. It is permissible to give your tickets to another person, however, you must inform the oasis.

**No reservations for Day Trips may be made until Tuesday, January 2nd, 2024. We will be open from 9:00am-3:00pm!**



**"Join the Senior Center Revolution - A World of Opportunities Awaits!"**

**Become an Oasis member today!**

## Dac's Smokehouse BBQ Dinner

**DATE: WED, 1/31/24**

**Arrival time: 5:30pm**

**Bus will leave Oasis at 5pm—— Estimated arrival time of 5:30pm at destination.**

**Location: 25 E Adams St, Morton, IL 61550**

**Member fee: \$15.00    Non-member fee: \$22.00**

**\*\*Price includes transportation to Dac's BBQ only. Members will pay separately for meal\*\***

## Chestnut Family Restaurant—

**DATE: THURS, 2/22/24    Arrival time: 1:00pm**

**Bus will leave Oasis at 12:30pm——  
ETA: 1:00pm at destination.**

**Location: 120 E Olive St, Chestnut, IL 62518**

**Member fee: \$5    Non-member fee: \$12**

**\*\*Price includes transportation only. Members will pay separately for meal\*\***



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Become Friends & Friends  
Become Family"*

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[www.timbercreekvillagecommunity.com](http://www.timbercreekvillagecommunity.com)



## Big Money BINGO!!—Normal, IL

DATE: FRI, 3/1/24

Arrival Time: 5:00pm



Location: 356 Wylie Dr, Normal, IL 61761

Bus will leave Oasis at 4:30pm—

ETA: 5:00pm at destination.

Member fee: \$15 Non-member fee: \$22

**\*\*Price includes transportation to BINGO only.**

**Members will pay for BINGO separately.**

## **YOUR AD HERE!**

To become a sponsor of our Newsletter and to get your ad in each edition, please call the Oasis at 217-732-6132 for Ad Info!

The space is business card sized, and would be added to all 4 editions of our quarterly newsletter!

Gary Van Hise  
Broker, Agent | GRI, SRS, CREN  
C: 217-622-9789  
O: 217-732-8353  
gary.vanhise@coldwellbanker.com  
475.128082  
303 S. Kickapoo St.  
Lincoln, IL 62656  
COLDWELL BANKER | CORNERSTONE  
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Peasley Funeral Homes  
217.732.8141  
401 Delevan St., Lincoln, IL 62656

## **Inclement Weather**

**The cold weather season is still here and when the forecast turns snowy (or icy), we understand that you want to know as soon as possible if the Oasis Senior Center will be closed. Closing the center is not something we do lightly. Ultimately safety comes first: members safety, and our staff. We try to make the decision as early as possible, however, weather is unpredictable – sometimes we need to monitor weather conditions longer, to make the best possible decision. Sometimes the snow plows cannot get to our parking lot before 9AM. If the weather is getting bad—please remember to check the Oasis Facebook page for our center closures!**

*Please use your best judgement when venturing outside and attending appointments or activities.*

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• Rehabilitation  
• Memory Care  
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# Plug into Community Services!



## Registration for Community Services

To register for services provided please call the office or stop in at the front desk.

### **Medicare 101**

Join us for a Medicare 101 class.

#### **Topics discussed will cover:**

- Medicare coverage & gaps
- Review of Medicare Supplements & Medicare Advantage plans
- Medicare Part D coverage
- Learn how to save & not overpay for Medicare insurance
- Learn the risks for potential penalties under Medicare

**Tuesday, February 6th  
at 1:00pm**

**Call us to reserve your spot  
in the class.**

### **Benefit Access**

You may be eligible for a discount on your license plate through the Secretary of State License Plate Discount.

**Appointments Required  
& scheduled on most  
Tuesdays.**

**Contact the Oasis today!**

### **Notary Service**

A notary public is available most weekday mornings.

**Call in advance to make  
an appointment please.**

### **Legal Aid**

Land of Lincoln Legal Aid will be available on-site for scheduled appointments.

**Appointments available  
3<sup>rd</sup> Wednesday of the  
Month between  
9:00am – 3:00pm**

**January 17th  
February 21st  
March 20th**

## **Online Social Security Assistance**

We help in accessing Social Security Information available online.

#### **Examples of Information Accessible:**

Applying for Benefits – includes retirement benefits and extra help with Medicare prescription program.

Help with benefits – determine which benefits you may be eligible to receive.

Estimate benefits – find full retirement age, calculate retirement/disability/survivors' benefits.

**Appointments available the 3<sup>rd</sup> Thursday of the Month.**

**January 18th, February 15th, March 21st**

## **Diabetic Shoes**

Through Medicare, diabetics are entitled to 1 pair of therapeutic shoes & 3 pairs of inserts per calendar year.

Garth offers a one-on-one session to measure and assist you in finding the right types of shoes.

You can pick the style of shoe you want – all sizes and widths are available.

**Prescription from your doctor or endocrinologist  
needed for the shoes. \*Appointments required–  
Garth does his own scheduling.**

## **Senior Health Insurance Program (SHIP)**

SHIP Counselors are available to help answer Medicare questions, assist with obtaining part D prescription drug benefits. Appts are scheduled twice a month on Mondays. See calendar & below for dates available.

**Jan 8th & Jan 22nd**

**Feb 12th & Feb 26th**

**Mar 11th & Mar 25th**



## Coffee time with us:

Jan through March please join us for coffee in the banquet room at 9:30am while you wait for food pantry to start. We will give you # so you will not lose your place in line.

**Jan**– Coffee & Treats by Synergy Home Care

**Feb**– Coffee & Treats by Oasis

**March**–Coffee & Treats by Synergy Home Care

## Food Pantry

If you or a senior you know needs food, the Oasis hosts a monthly food bank.

Stock varies monthly, but items generally available include:

- Canned goods
- Frozen meals
- Snacks
- Beverages

**\*Dates and times subject to change due to potential scheduling conflicts.**

**Updates regarding the status of the next food bank can be found on the Oasis Facebook page or by calling the office.**

January 1 1th  
February 15th  
March 14th

## **Red Hat Ladies**

Our Oasis Belles is a Red Hat group whose sole purpose is having fun!

The group meets at different lunch locations on the **1<sup>st</sup> Wednesdays of the month at 11:30am**. To learn where to meet for the month, call or stop in!

## Caregiver

### Support Group

This group provides partnership and resources for caregivers of people with forms of dementia or other physical & mental needs. Open to people with a diagnosis & to those who are concerned about possible dementia. This group also provides an opportunity to share your experiences.

**Every 3<sup>rd</sup> Tuesday of the Month at 1:30pm.**  
**January 16th**  
**February 20th**  
**March 19th**

## Rules of the Road

The Secretary of State's office offers a FREE "Rules of the Road" course to all interested parties. Dates TBA

# RENTALS

The Oasis is available for rentals for events such as baby showers, family reunions, memorial services, weddings, birthday parties, etc.

If you're an **Oasis Member** you're eligible for a **discount!**

Please call the Oasis or stop in to ask about pricing, availability, and to see our beautiful spaces!

## **Free Bingo on Thursdays!**

**Thursdays at 1:00pm.**

Two cards are given to each participant, to play, with prizes provided by our sponsors.

### Thursday Bingo Sponsors

Ameren, Caption Call, Castle Manor, Ernie Harvey from Gentiva Hospice, Community Action, Copper Creek

Cottages, Kindred Hospice, Lincoln Village, The Bridge Care Suites, Timber Creek Village, Traditions Health,

Transitions Hospice, United Community Bank.



## Veterans

### Administration

The VA will be at the Oasis on the first & third Tuesdays of the Month

Please call the VA at 217-782-6645 or 217-670-9935 to schedule an

Appointment or by email—

[Anthony.harrison@illinois.gov](mailto:Anthony.harrison@illinois.gov)

The VA does their own scheduling, but

**appointments will meet at the Oasis!**

# Oasis Announcements

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## ✓ **The Tax Season is Coming!**

Free Tax Assistance Program—The Oasis will have Tax Volunteers available to offer free tax assistance for the 2024 Tax Filing Season. The Tax Volunteers will offer electronic filing which improves accuracy and insures each return is accepted by the I.R.S in a timely manner.

The Tax Volunteers are **not** certified tax professionals. If your form is complicated (business earning depreciation, stock sales, farm income) or outside the established guidelines, please seek the assistance of a tax professional.

To aid in the tax preparation, please bring all tax documents to your appointment, including last years return.

**The Oasis will begin scheduling appointments on January 15th, 2024, with appointments available from February 7th until April 8th, 2024—once appointments are full, we will keep a wait-list , but there's no guarantee that we will be able to work you in.**

**\*Please remember to be kind, as we are operating our normally scheduled business and programs, and our phone lines will be extremely busy. If you can't get us by phone—stopping in might be faster!**

## ✓ **THANK YOU!**

The Oasis would like to say THANK YOU, to our amazing volunteers for helping make the

Oasis Trunk-or-Treat a huge success—as well as a thank you , and Oasis Board Members for their volunteers and candy donations.

## ✓ **C R E S C O L A B S**

The Oasis would like to thank Cresco Labs, their staff have been volunteering to help with our food truck, food bank, and various Oasis programs. Their time and efforts have been a tremendous blessing to the Oasis and our members.

## ✓ **Line Dancing Class with Bev**

—will resume in the Spring, **starting on Wednesday March 6th** and

continuing every Wednesday through April. From 10:00--11:30am—class is free to our Oasis Members.

## ✓ **Coffee & Conversation with Georgia Allison**

—Come and have coffee and treats with Georgia Allison and learn about **Silver Fox Fitness**. Bring a friend and be entered into a drawing for a basket of goodies!!

**Date: January 16, 2024**    **Located at: Good Shepherd Lutheran Church (1140 N State St. Lincoln, IL)**

**Time: 10:30am**

# Oasis Board of Directors Meeting

The Oasis Board of Directors meetings are open to the public. The meetings are scheduled for 5:00pm on the 3<sup>rd</sup> Thursdays of the Month. To schedule any agenda items, notification must be received in writing on/before the 5<sup>th</sup> day of the month prior to the meeting date.

## Board Meetings for 1st Quarter below-

**January 18th, February 15th, March 21st**

### Executive Board of Directors

#### President

Debra Pollock

#### Vice President

Wanda Lowe

#### Treasurer

Andra Lessen

#### Secretary

Elaine Knight

### General Board

Tracey Boyer

Stephen Johnson

Becky Kleinman

David Neuendorf

Judy Parsons

Don Peasley

Ken Richert

Steve Rohrer

Kay Thompson

Ron Wilson



**Thank you, to the Oasis Board Members and ALL of our volunteers for all of their help at Glow Bingo & The Oasis Famous Holiday Chicken Dinner!**

## **Thank you to our Glow Bingo Sponsors!**

A huge shout out and thank you to everyone that donated and/or helped with Glow Bingo this year. This has become such a 'FUN' fundraiser. Special thanks to: Don Peasley Funeral Home, Premier Pool and Spa, [Chris Coyne State Farm Agent](#), Lincoln Ag, The Christian Village, Medicare Mitch, Welch Packaging, Sue Newman, Rhonda Thornton, Byron and Jessica Hunter, Tecia Hennessey, Janell Woolard, Ken and Karen Richert, [Small Town Creations](#), Neal Tire, The Alley Bi, The 217, O'Reilly's, Synergy Home Care, Quality Car Care, Comfort Inn and Suites, Holland, Barry, and Bennett Funeral Home, Deep Roots, Chubbys, Wendys, Sherry Kaleff, The American Legion, I3 Broadband, Stephen Johnson, Jasmine, and all of the volunteers that make it possible for us to serve. AND to everyone that came to play! We treasure and appreciate each and every one of you!



**Trailblazer Program**-Trailblazers walking program will be indoors **January – March!** Join us at the Lincoln Area YMCA gym to walk for free any time from 9am-1pm on Wednesdays, **January 3<sup>rd</sup> – March 27th.**



## INFORMATION AND CALENDARS

Nominate your friend or relative for a chance to win!!!!

Jake is giving away a lift chair! We posted the details on Facebook or you can come to the Oasis to get details and fill out an application.

*Lift Chair*

Generously donated by Jake's Furnishings

**GIVEAWAY**  
**GIVEAWAY**  
**GIVEAWAY**



**Jake's**  
FURNISHINGS

Nominations due February 1st, 2024.

Recipient will be selected and announced February 14th, 2024.

- 1 Nominee must be a senior 55 or older.

Like and share this post

- 2 Nominations cannot be submitted by the person in need, it must be a friend or relative.

Comment and tag your 3 best friends

- 3 Nominee or nominator must be an active member of the Oasis Community. Membership is \$25 per year.

Share this post as much as possible

See Post for details.

To become a sponsor of our Newsletter and to get your ad in each edition, please call the Oasis at

217-732-6132 for Ad Info!

The space is business card sized, and would be added to all 4 editions of our quarterly newsletter!



**Friendship Manor Apartments**

925 Primm Road Lincoln, IL 62656  
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website: lincolnfrienshipmanor.com



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you  
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# January 2024

January 2024				
Mon	Tue	Wed	Thu	Fri
1  <b>CLOSED in observance of New Year's Day</b>  <b>No Silver Fox Fitness</b>	2 License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Mahjong 12:00-2:00pm <b>No Bingo— Happy New Year!</b>	3 Footcare 9:00-12:00pm Spades/Euchre 10:00-12:00pm Pinochle 12:00-2:30pm	4 15 min Massage by Jasmine 9a-noon—appt required Free Bingo 1:00pm EnerChi 4:00pm	5 Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm
8 Spades 10:00-12:00pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm SHIP appointments available	9 License Plate Discount Sew What's Happening? 10:00-12:00pm Mahjong 12:00-2:00pm Bingo 6:30pm	10 Spades/Euchre 10:00-12:00pm Pinochle 12:00-2:30pm	11 <b>9:30a Coffee &amp; Treats</b> <b>Food Bank 10:00-11:30am</b> Free Bingo 1:00pm EnerChi 4:00pm	12 Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm
15  <b>CLOSED in observance of Martin Luther King Day</b>  <b>No Silver Fox Fitness</b>	16 License Plate Discount VA 9:00-3:00pm Caregiver Support Group 1:30-2:30 Mahjong 12:00-2:00pm Bingo 6:30pm	17 Footcare 9:00-12:00pm Legal Aid 9:00am-3:00pm Spades/Euchre 10:00-12:00pm Pinochle 12:00-2:30pm	18 Free Bingo 1:00pm Social Security 1:00-3:00pm EnerChi 4:00pm <b>Board Meeting 5:00pm</b>	19 Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
22 Spades 10:00-12:00pm Pinochle 12:00-2:30pm EnerChi 3:00pm Chair Yoga 4:00pm SHIP appointments available	23 License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm	24 Spades/Euchre 10:00-12:00pm Pinochle 12:00-2:30pm <b>Culver's Fundraiser 5pm-8pm</b>	25 Free Bingo 1:00pm EnerChi 4:00pm	26 Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
29 Spades 10:00-12:00pm Pinochle 12:00-2:30pm EnerChi 3:00pm Chair Yoga 4:00pm	30 License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm	31 Foot Care 9am-12:00pm Spades/Euchre 10:00-12:00pm Pinochle 12:00-2:30pm		

# February 2024

Mon	Tue	Wed	Thu	Fri
			<b>1</b> 15 min Massage by Jasmine 9a-noon—appt required  Free Bingo 1:00pm EnerChi 4:00pm	<b>2</b> Spades/Euchre 10:00-12pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>5</b> Spades 10:00-12:00pm Pinochle 12:00-2:30pm Medicare 101 12:00pm EnerChi 3:00pm Chair Yoga 4:00pm	<b>6</b> License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Medicare 101 Class 12pm Mahjong 12:00-2:00pm Bingo 6:30pm	<b>7</b> Spades/Euchre 10:00-12:00pm Pinochle 12:00-3:00pm	<b>8</b> Free Bingo 1:00pm EnerChi 4:00pm	<b>9</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>12</b> Spades 10:00-12:00pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm  SHIP appointments available	<b>13</b> License Plate Discount Sew What's Happening? 10:00-12:00pm Mahjong 12:00-2:00pm Bingo 6:30pm	<b>14</b> Footcare 9:00-12:00pm Legal Aid 9:00am-3:00pm Spades/Euchre 10:00-12:00pm Pinochle 12:00-3:00pm	<b>15</b> <b>9:30a Coffee &amp; Treats</b> <b>Food Bank 10:00-11:30am</b> Free Bingo 1:00pm Social Security 1:00-3:00pm EnerChi 4:00pm  <b>Board Meeting 5:00pm</b>	<b>16</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>19</b>  <b>CLOSED in observance of President's Day</b>  <b>No Silver Fox Fitness</b>	<b>20</b> License Plate Discount VA 9:00-3:00pm Caregiver Support Group 1:30-2:30 Mahjong 12:00-2:00pm Bingo 6:30pm	<b>21</b> Spades/Euchre 10:00-12:00pm Pinochle 12:00-3:00pm	<b>22</b> Free Bingo 1:00pm EnerChi 4:00pm	<b>23</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>26</b> Spades 10:00-12:00pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm SHIP appointments available	<b>27</b> License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm	<b>28</b> Foot Care 9:00am-12:00pm Spades/Euchre 10:00-12pm Pinochle 12:00-3:00pm <b>Culver's Fundraiser 5pm-8pm</b>	<b>29</b> Free Bingo 1:00pm EnerChi 4:00pm	



# March 2024

March 2024				
Mon	Tue	Wed	Thu	Fri
				<b>1</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>4</b> Spades 10:00-12:00pm Medicare 101 12:00pm EnerChi 3:00pm Pinochle 12:00-3:00pm Chair Yoga 4:00pm	<b>5</b> License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Mahjong 12:00-2:00pm Bingo 6:30pm	<b>6</b> Spades/Euchre 10:00-12:00pm Line Dance Class 10:00-11:30am Pinochle 12:00-3:00pm	<b>7</b> 15 min Massage by Jasmine 9a-noon—appt required Free Bingo 1:00pm EnerChi 4:00pm	<b>8</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>11</b> Spades 10:00-12:00pm Joyful Painting w/ Jody 10am-12:30pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm SHIP appointments available	<b>12</b> License Plate Discount Sew What's Happening? 10-12pm Mahjong 12:00-2:00pm Bingo 6:30pm	<b>13</b> Footcare 9:00-12:00pm Legal Aid 9:00am-3:00pm Spades/Euchre 10:00-12:00pm Line Dance Class 10:00-11:30am Pinochle 12:00-3:00pm	<b>14</b> <b>9:30a Coffee &amp; Treats</b> <b>Food Bank 10:00-11:30am</b> Free Bingo 1:00pm Social Security 1:00-3:00pm EnerChi 4:00pm	<b>15</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>18</b> Spades 10:00-12:00pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm	<b>19</b> License Plate Discount VA 9:00-3:00pm Mahjong 12:00-2:00pm Caregiver Support Group 1:30pm Bingo 6:30pm	<b>20</b> Spades/Euchre 10:00-12:00pm Line Dance Class 10:00-11:30am Pinochle 12:00-3:00pm	<b>21</b> Free Bingo 1:00pm <b>Board Meeting 5:00pm</b> EnerChi 4:00pm	<b>22</b> Spades/Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-3:00pm
<b>25</b> Spades 10:00-12:00pm Pinochle 12:00-3:00pm EnerChi 3:00pm Chair Yoga 4:00pm SHIP appointments available	<b>26</b> License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm	<b>27</b> Footcare 9:00-12:00pm Spades/Euchre 10:00-12:00pm Line Dance Class 10:00-11:30am Pinochle 12:00-3:00pm <b>Culver's Fundraiser 5pm-8pm</b>	<b>28</b> Free Bingo 1:00pm EnerChi 4:00pm	<b>29</b> <b>CLOSED IN OBSERVANCE OF GOOD FRIDAY</b> <b>NO SILVER FOX FITNESS</b>



**Oasis Newsletter**

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**Lincoln, IL 62656**

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### **A letter from the Director, Krista Miller**

#### **A Friendly Reminder and Call for Support: Ensuring the Future of Our Senior Center**

**Dear folks of Logan County,**

As we approach 2024, my heartfelt thanks for your unwavering support of our senior center. Your enthusiasm shapes our vibrant community. Celebrating joy and camaraderie, I must address our financial challenges. Expenses surpass revenue, and I humbly seek your support to maintain program quality. Your membership renewal isn't just a transaction; it's a pledge to uphold our vision. Consider a donation—every contribution, regardless of size, impacts our center and its members.

Understanding diverse financial circumstances, if renewing or donating isn't feasible now, your active presence remains the heart of our community.

Renewals and donations are effortless on our website, [oasisseniorcenter.com](http://oasisseniorcenter.com), or contact membership services at 217-732-6132.

Thank you, from our hearts, for your enduring support. Together, we ensure our community thrives.

Wishing you continued health and happiness,

**Krista Miller  
Executive Director  
Oasis Senior Center**