

Senior Citizens of Logan County, Inc. Proudly serving our members since 1984.

Did you know? The Oasis has rental space available for any special occasion? Birthday Parties, weddings, baby/bridal showers & more! Contact us today!



Oct. Nov. Dec.





lewsletter









Oasis@Oasisseniorcenter.com

www.Oasisseniorcenter.com

www.Facebook.com/
OasisSeniorCenterLincoln

4

Important Announcements

Please see Announcements on page 10 for information regarding

Medicare Open

Enrollment for Part D! Appts available! Call us today.

October is Breast Cancer

Awareness Month

• Mammogram Mondays at LMH:



FREE mammogram screenings offered in October to women age 40+ who are uninsured or underinsured. Call 217-605-5108 to schedule an appt, At Lincoln Memorial Hospital.

INSIDE THE ISSUE:

2-3. Health & Wellness Programs & Activities

4-5. Fundraisers

6-7. Day Trips

8-9. Services

10-11. Announcements, Board of Directors, & Staff

12-15. Volunteer Information & October—December Calendars

16-17. Our Amazing Sponsors!

18-19. Membership Renewal Form

Our Mission

To provide a place where senior citizens, as individuals or in groups, come together for services and activities which enhance their health, dignity, support, independence, and encourage their involvement in and with the community.

GLOW BINGO

Please see page 4 for information on Glow Bingo!
Bingo, raffles, appetizers, costume contest, and more!

HEALTH & WELLNESS



EnerChi is a blend of **Tai Chi** and **Qigong** created by Silver Sneakers. The class is a standing class—but can be adapted for participants that require seating!

Classes are 45 minutes long and the session lasts for 10 weeks.

Mondays at 3:00pm Thursdays at 4:15pm (see calendar for additional details)

*October starts new session for Monday class

Holiday Break is the last two Mondays & Thursdays in DEC & resumes in JAN.

Registration required—If you qualify for Silver Sneakers, classes may be free. Please see Georgia to see if you qualify.

**Cost is per 10-week session, payable to Georgia Allison

<u>Cardio & Strengthening</u> Wednesdays at 4:15pm

(see calendar for additional details)

(*Nov 29th starts new session)

Holiday Break is the last two Wednesdays in DEC & resumes in IAN.

ChairYoga

Mondays at 4:15pm

(see calendar for additional details)

(Nov starts new session)

Holiday Break is the last two Mondays in

DEC & resumes in JAN!

These are gentle courses that can be easily modified if needed.

Member Cost: \$25 Non-member Cost: \$30

15 min massages by Jasmine —NOW OFFERED!!
9a-noon (appt required, contact Oasis today!)
\$15 member \$20 non-member
Dates: Oct 5th, Nov 2nd, Dec 7th



9:00am - 3:00pm.



Open by 45-minute appointments. Call Oasis to make appt.(appts preferred) One person or household at a time please.

Blood Pressure Readings

Nurses are at the Oasis on Fridays to perform Blood Pressure checks.—No Appt required!——-Fridays 10:00am—11:30am!



Foot Care

Toenail trimming is available by appointment.

October 4th & 18th Nov 8th & 22nd Dec 6th & 20th

ACTIVITES, PROGRAMS, & MORE!

WEEKLY

Pinochle – Mon/Weds/Fri

12:00pm – 2:30pm

Mahjong - Tuesdays 12:00pm - 2:00pm

Euchre – Weds & Fri 10:00am – 12:00pm

Spades – Mondays 10:00am – 12:00pm

Puzzles- Mon/Weds/Fri 9a-12:00pm

Free Bingo

Thursdays at 1:00pm.

Two cards are given to each participant—prizes are provided by our sponsors.— (donations always accept-

Thursday Bingo Sponsors

Ameren, Caption Call, Castle Manor, Community Action, Copper Creek Cottages, Kindred Hospice, Lincoln Village, The Bridge Care Suites, Timber Creek Village, Traditions Health, Transtions Hospice, United Community Bank.

2023 "Trunk or Treat"

Saturday October 14th, 2023 2P-4P

Outside: Trunk-or-treat & pumpkin painting

(weather permitting)

Inside: Fall photo booth, face-painting, Halloween

tic-tac-toe, & more kid-friendly activities!

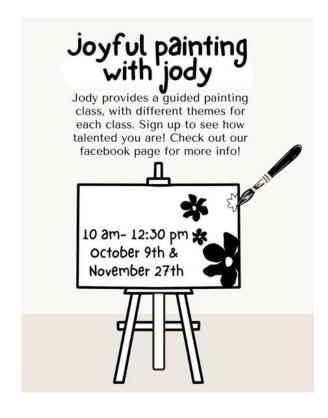
Diabetic Shoes

Through Medicare, diabetics are entitled to 1 pair of therapeutic shoes & 3 pairs of inserts per calendar year.

Garth offers a one-on-one session to measure and assist you in finding the right types of shoes.

You can pick the style of shoe you want – all sizes and widths are available.

Prescription from your doctor or endocrinologist needed for the shoes.



Event is open to the public, members are encouraged to bring their children & grandchildren—in costumes, or not!

Trunk or Treat Volunteers

Register to volunteer for our "Trunk or Treat"- please call us! (passing out candy, face-painters, Pumpkin painting assistance & more!)

Volunteers will need to bring their own candy, please

OASIS SENIOR CENTER

\$500 Coverall

GLOY

Doors open at 5 pm Bingo at 6 pm

NOVEMBER 10, 2023

AT THE AMERICAN LEGION 1740 5TH ST. LINCOLN, IL

\$100 BINGO GAMES \$500 COVERALL

TICKET: \$30 PER PERSON *
MUST BE 18 TO PLAY.
SNACKS PROVIDED.

costume contests

Registration information:

www.oasisseniorcenter.com

DJ: K & K DJ Sound MC: Ernie Harvey raffles \$ 50/50

SPONSORS: WELCH PACKAGING, LINCOLN AG, CHRIS COYNE STATE FARM, EL MAZETLAN, THE CHRISTIAN VILLAGE, MEDICARE MITCH, PEASLEY FUNERAL HOME.

OASIS FUNDRAISERS

OASIS SENIOR CENTER

OASIS FAMOUS CHICKEN DINNER

DECEMBER 7TH, 2023
DINE IN OR DRIVE THRU
LINCLUDES: FAMOUS CHICKEN, DRESSING, POTATOES &
GRAVY, ROLL, VEGETABLE, & DESSERT.
PER DINNER 4 PM TO 6:30 PM

A FUNDRAISER FOR THE LOGAN COUNTY SENIORS.

Oasis Famous Chicken Dinner sponsored by: Bees Landscaping and Medicare Mitch

Culvers Fundraiser

Every fourth Wednesday of the month from 5:00—8:00pm Oasis volunteers will help bus tables & deliver meals to customers. In exchange, Culver's will donate 10% of all sales during those hours to the Oasis.

*If you're unable to volunteer, be sure to stop in and eat.—If <u>you are able to volunteer</u> for this event, please call the Oasis. Thank you!

October 25th, November 22nd, & December 27th

December 27th

Weekly Bingo



Tuesday Night BINGO

\$8 to play, includes 50/50 raffle, and cash prizes!

5:00pm – Dinner fundraiser with dessert options.

6:30pm – Bingo starts.

CLOSED - Dec 26th & Jan 2nd - Happy Holidays!



Day Trips

Reservations

Payment is required at the time of reservation. No phone reservations will be accepted, but you may purchase tickets over the phone with a credit or debit card.

No Show

It is the responsibility of the member to mark the trip on their calendar. If the member doesn't show for a trip no refunds will be issued.

Cancelation Policy

If the trip is cancelled by the Oasis, the trip fee will be refunded in full. This will be issued by check and may take up to 10 business days to issue.

If **YOU** cancel, a full refund minus a \$5 cancellation, per individual, per trip, will be made if written/verbal cancellation is received in less than 4 business days before the excursion. In cases where tickets have been purchased, the ticket price will not be refunded unless tickets can be resold. After that date, there will be no refund unless a standby or substitute participant is available. It is permissible to give your tickets to another person, however, you must inform the oasis.

No reservations for Day-Trips may be made until Monday, October 3rd, 2023. We will be open from 9:00am-3:00pm!



CARITA'S BINGO HALL in Springfield



BUS WILL LEAVE AT: 4:15pm (arrive at 5pm at destination)

MEMBER FEE: \$10 NON-MEMBER FEE: \$15

**Price does not include dinner OR price of BINGO

Join us for a night of BINGO at Carita's **BINGO HALL in Springfield!**



The Busy Corner in Goodfield— "Brunch" Saturday, NOV. 18th, 2023

Join us for good food and company on a short jaunt to Goodfield to eat at the Busy Corner!

Bus will leave at 9am (arrive at 10am at destination)

Member fee: \$12:00 Non-member fee: \$17.00

**Price does not include lunch. Members will pay separately for lunch.

Festival of Lights in Peoria – DECEMBER (2 dates)

1st trip: Sun, Dec 10th, 2023 2nd trip: Thurs, Dec 14th, 2023





How the Barn Stole Christmas-The Barn III in Goodfield— **DECEMBER (2 dates)**

1st trip: Fri, Dec 1st,2023

2nd trip: Wed, Dec 20th, 2023 Shows are 5:30pm - 9:30pm

BOTH TRIPS - Bus will leave at 4:15pm (arrive at destination approximately 5:15pm)

Member fee: \$60.00 Non-member fee: \$65.00

**Price includes meal & show ticket. Gratuity NOT included.

HOW THE BARN STOLE CHRISTMAS

WRITTEN & DIRECTED BY ABBY REEL & TRACY SIMMONS





Join us for a trip to Peoria to see the Festival of Lights!

BUS WILL LEAVE AT 4:15PM (arrive at 5pm at destination)

Member fee: \$13.00 Non-member fee: \$18.00

**No meal is planned for this trip.

***If the bus fills up for both trips, we can plan a 3rd trip to see the Festival of Lights!







Plug into Community Services!

Medicare 101

Join us for a Medicare 101 "CLASS".

Topics discussed will cover:

- Medicare coverage & gaps
- Review of Medicare Supplements & Medicare Advantage plans
- Medicare Part D coverage
- Learn how to save & not overpay for Medicare insurance
- Learn the risks for potential penalties under Medicare

****<u>Classes returning Jan</u> 2024





Senior Health Insurance Program (SHIP)

More Medicare Questions? Ready to sign up for Medicare? SHIP Counsellor's are available to help answer Medicare questions, assist with obtaining part D prescription drug benefits.

Medicare appointments can be scheduled on Mondays.



Benefit Access

You may be eligible for a discount on your license plate through the Secretary of State License Plate Discount.

Appointments available on most Tuesdays.

Veterans Administration

The VA will be at the Oasis on the first & third Tuesdays of the Month

Please call the VA at 217-782-6645 or 217-670-9935 to schedule an Appointment or by email—

Anthony.harrison@illinois.gov

The VA does their own scheduling, but appointments will meet at the Oasis!

Senior Food Bank

If you or a senior you know needs food, the Oasis hosts a monthly food bank for low income/ fixed income seniors.

Stock varies monthly, but items generally available include:

Canned goods Frozen meals Snacks Beverages

*Dates and times subject to change due to potential scheduling conflicts. (Typically, we host on a Thursday from 10a-1130a.)

Updates regarding the status of the next food bank can be found on the Oasis Facebook page or by calling the office.

October 12th
November 16th
December 14th
10:00am - 11:30am

Registration for Community Services

To register for services provided please call the office or stop in at the front desk.

Legal Aid

Land of Lincoln Legal Aid will be available on-site for scheduled appointments.

Appointments available 3rd Wednesday of the Month between 9:00am – 3:00pm

October 18th November 15th December 20th

Notary Service

A notary public is available most weekday mornings.

Call in advance to make sure the volunteer is available.

Rules of the Road

The Secretary of States office offers a FREE "Rules of the Road" course to all interested parties.

This class is helpful for seniors who are retaking a driving test or looking to refresh their driving skills.

Registration required to attend.

Call Oasis for upcoming dates

Online Social Security Assistance

We help in accessing Social Security Information available online.



Examples of Information Accessible:

Applying for Benefits – includes retirement benefits and extra help with Medicare prescription program.

Help with benefits – determine which benefits you may be eligible to receive.

Estimate benefits - find full retirement age, calculate retirement/disability/survivors' benefits.

Appointments available the 3rd Thursday of the Month. October 19th, November 16th, December 21st



Caregiver Support Group

This group provides partnership and resources for caregivers of people with forms of dementia or other physical & mental needs. Open to people with a diagnosis & to those who are concerned about possible dementia. This group also provides an opportunity to share your experiences.

Every 3rd Tuesday of the Month at 1:30pm.

> October 17th November 21st December 19th

"Sew What's Happening?"

"Sew What's Happening?" is a group for textile crafts from quilting, embroidery, to crochet! Bring your projects and supplies to work on while socializing, bring completed works for show-and-tell, or just stop by to see what others' have been working on.



Group meets the second Tuesday of the month from 10:00am - 12:00pm.

October 11th, November 8th, December 13th.



Red Hat Ladies

Our **Oasis Belles** is a Red Hat group whose sole purpose is having fun!

The group meets at different lunch locations on the 1st Wednesdays of the month at 11:30am. To learn where to meet for the month, call or stop in!

Group meets on the first Tuesday of the month from 10:00am - 11:00am. New member's welcome!

Oasis Book Club

Meetings for Book Club

October 3rd—Discuss what you have been reading.

November 7th – The Reading List by Sara Nisha Adams

December 5th—Discuss what you have been reading.

Coming Soon! - Craft Classes Continue checking our Facebook page or give us a call for more info!

Oasis Announcements

The Oasis Senior Center NOW offers 15 min

massages by Jasmine! 1x a month—appt required, contact US today! Dates: Oct 5th, Nov 2nd, Dec 7th

Medicare Part D—Open Enrollment

October 15th—December 7th - Appts available Mondays, Wednesdays, and most Fridays!

By appointment only—call or stop in to get scheduled!

Documentation required: Please bring to appt

- 1. Medicare Card
- 2. Printed medication list from your pharmacy
- 3. Username and Password for Medicare.gov
- **Line Dancing**—Bev McRoberts is back with her fall Line Dancing classes on Wednesdays in October & November. Classes are FREE for members to attend. Please call the Oasis to register for the class!
- <u>COMING SOON this Fall/Winter!</u> Craft classes at The Oasis! (more information to come)

 Follow our Facebook Page for upcoming classes and dates.
 - Logan County Health Dept—Flu shots available (Monday-Friday 7:45am -3:30pm)

109 3rd Street Lincoln, IL

Special Flu Shot Clinics-MONTH OF OCTOBER

Oct 3 5p-7 drive thru at health dept, Oct 6 2p-5 Mt. Pulaski Library, Oct 7 9a-12 Mt. Pulaski Library,

Oct 11 4p-5:30 *Elkhart Library*, October 12 5p-7 *Drive Thru Health Dept*, October 17 5-p7 *Drive thru Health Dept*, October 25 5p-7 *Drive thru Health Dept*. October 30 5-7 *Drive thru Health Dept*

- Trailblazer Walking Challenge: Walk 25 laps around the <u>LMH Wellness Trail</u> during the month of October!

 (October 1-31)—complete the 25 laps earn a free t-shirt and the <u>walker</u> with the most laps earns a GRAND-PRIZE!

 <u>November Pumpkin Smash & Splash</u>: Divert your fall and Halloween pumpkins from the landfills <u>on Sat, Nov 4th</u>.

 <u>Pumpkins can be smashed, splashed, or stacked at various locations in Lincoln to serve as compost or food</u>
 for the local wildlife.
 - o SMASH pumpkins from 9am-11am at Lincoln Community Garden Project (114 S. Logan St., Lincoln)
 - O SMASH pumpkins from 10am-noon at Madigan State Park & <u>SPLASH or STACK</u> pumpkins from 1pm-3pm at Kickapoo Creek Park

Oasis Board of Directors Meeting

The Oasis Board of Directors meetings are open to the public. The meetings are scheduled for 5:00pm on the 3rd Thursdays of the Month. To schedule any agenda items, notification must be received in writing on/before the 5th day of the month prior to the meeting date.

Executive Board of Directors	General Board
Dunaldant	Stephen Rohrer
President Debra Pollock	Tracey Boyer
	Stephen Johnson
Vice President Wanda Lowe	Becky Kleinman
vvarida Lowe	David Neuendorf
Treasurer	Judy Parsons
Andra Lessen	Ken Richert
Secretary	Kay Thompson
Elaine Knight	Ron Wilson

Board Meetings for 4th Quarter

October 19th, November 17th, & December 15th

Volunteers & Board

Thank you to the Oasis Board for helping staff and providing prizes for the Grandparent Bingo this year. We appreciate all of you & it was a great experience for the seniors & Grandparents to play BINGO together.



Logan County Happenings

October 14th—Oasis Trunk or Treat Lincoln —2:00pm-4:00pm

October 28th— Trunk or Treat in Mt. Pulaski 4:00pm-6:00pm
November 18th—Christmas on Vinegar Hill from Mt. Pulaski 8:00am—4:00pm
November 25th—FREE Carriage Rides around the Square in Lincoln begin on Fridays!
11/25 from 6:00pm—9:00pm & all other Fridays 5pm-8pm & Saturdays 12:00pm—3:00pm

December 6th- Lincoln 12 days of Christmas begins! Multiple downtown businesses raffling off prizes until 12/18 **November 26th to December 17th**—Downtown Christmas Express

December 3rd- FREE Train Rides in Latham Park– 12/3 10am-1pm & 12/10 1pm-3pm **December 2nd, 9th, 16th,** —Carriage Rides around the Square (Saturdays 12:00pm - 3:00pm)

For more information about Logan County events, visit the Logan County Tourism Bureau website at: destinationlogancountyil.com

What's Happening?

Meet our Program Director/Office Manager,

Deidre Schaffenacker

Email: deidre@oasisseniorcenter.com

I am thoroughly enjoying my first quarter at the Oasis Senior Center. Its a pleasure meeting all of you. I am excited to see what the next year brings for all of us. Have a wonderful & cozy fall/winter finishing off 2023, and don't forget your flu vaccine for the upcoming flu season —— Dee



Christmas

D	E	C	E	M	В	E	R	X	Q	M	W	U	
Q	F	A	1	U	G	R	A	J	F	F	1	W	
S	L	E	1	G	H	E	C	W	R	J	N	W	
T	0	N	A	C	Ν	1	D	R	0	Ĩ	T	R	
0	H	0	L	L	Υ	N	H	E	S	Ν	E	U	
C	T	C	W	F	X	D	X	Α	T	G	R	D	
K	0	R	N	A	M	E	N	T	Y	L	J	0	
1	1	E	1	M	C	E	J	H	Р	E	1	L	
Ν	G	1	N	G	E	R	В	R	E	A	D	P	
G	F	1	K	G	R	1	N	C	Н	R	1	H	
Ν	S	S	Α	Ν	T	A	Q	M	E	R	R	Y	
S	N	0	W	M	Α	N	S	T	A	R	T	C	
S	P	G	M	C	H	R	1	S	T	M	A	S	

WORD LIST

CHRISTMAS	REINDEER
DECEMBER	RUDOLPH
FROSTY	SANTA
GINGERBREAD	SLEIGH
GRINCH	SNOWMAN
HOLLY	STAR
JINGLE	STOCKING
MERRY	WINTER
ORNAMENT	WREATH

RENTALS

The Oasis is available for rentals for events such as baby showers, family reunions, memorial services, weddings, birthday parties, etc.

If you're an **Oasis Member** you're eligible for a **discount**!





'CHARITABLE CORNER'

Ways to donate, share, and gift to the Oasis Senior Center

(It's pre-taxed!). Donating your IRA distributions to a charity

A qualified charitable distribution (QCD) is a distribution from a Traditional or Roth IRA made directly by the IRA trustee to a **qualified charitable organization** when the IRA owner is age 70½ or older. A QCD may satisfy the client's required minimum distribution (RMD) and up to \$100,000 of QCDs may be excluded annually from an individual's taxable income.

<u>Eligibility</u>: A qualified charitable distribution may be made: • When the IRA holder is age 70% or older • Directly from the IRA to a qualified charity such as the **OASIS SENIOR**

CENTER!



		October 2023		
Mon	Tue	Wed	Thu	Fri
2 Spades 10:00am-12:00pm Pinochle 12:00-2:30pm Tai Chi 3pm Chair Yoga 4:15pm	J. License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Mahjong 12:00-2:00pm Bingo 6:30pm	4 Euchre 10:00–12:00pm Foot Care 9a–12p Line Dancing 10am–11:30am Pinochle 12:00–2:30pm Cardio & Strengthening 4:15pm	5 Massages available by appt Free Bingo 1:00pm Tai Chi 4:15pm	6 Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm
9 Spades 10:00am-12:00pm Joyful Painting 10a-12:30pm Pinochle 12:00-2:30pm Tai Chi 3pm Chair Yoga 4:15pm	10 License Plate Discount Sew What's Happening? 10am-12pm Mahjong 12:00-2:00pm Bingo 6:30pm	Euchre 10:00–12:00pm Pinochle 12:00–2:30pm Line Dancing 10am–11:30am Cardio & Strengthening 4:15pm	12 Free Bingo 1:00pm Pinochle Round Robin Tai Chi 4:15pm Food Bank 10:00-11:30am	13 Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm Trunk or Treat Sat, Oct 14 ^h 2:00p-4:00p
16 Medicare Part D 9:00-2:30pm (Open Enrolment Begins) Pinochle 12:00p-2:30pm Tai Chi 3pm Chair Yoga 4:15pm	17 License Plate Discount VA 9:00-3:00pm Caregiver Support Group 1:30pm Mahjong 12:00-2:00pm Bingo 6:30pm	Medicare Part D 9:00–2:30pm Legal Aid 9:00am–3:00pm Foot Care 9a–12p Line Dancing 10am–11:30am Euchre 10:00–12:00pm Pinochle 12:00–2:30pm Cardio & Strengthening 4:15pm	19 Free Bingo 1:00pm Social Security 1:00–3:00pm Tai Chi 4:15pm Board Meeting 5:00pm	20 Medicare Part D 9a-2:30p Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm
23 Medicare Part D 9:00-2:30pm Pinochle 12:00-2:30pm Tai Chi 3pm Chair Yoga 4:15pm	24 License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm	25 Medicare Part D 9:00-2:30pm Euchre 10:00-12:00pm Line Dancing 10am-11:30am Pinochle 12:00-2:30pm Cardio & Strengthening 4:15pm Culvers Fundraiser 5pm-8pm	26 Free Bingo 1:00pm Tai Chi 4:15pm	27 Medicare Part D 9a-2:30p Euchre 10:00-12:00pm Blood Pressure Checks 10:00-11:30am Pinochle 12:00-2:30pm
30 Medicare Part D 9:00-2:30pm Pinochle 12:00-2:30pm Tai Chi 3pm Chair Yoga 4:15pm	31 Happy Halloween! License Plate Discount Mahjong 12:00-2:00pm Bingo 6:30pm			

		November 2023	23	
Mon	Tue	Wed	Thu	Fri
		Medicare Part D 9:00–2:30pm Foot Care 9a-12p Line Dancing 10am-11:30am Euchre 10:00–12:00pm Pinochle 12:00–2:30pm Cardio & Strengthening 4:15pm	2 Massages available by appt Free Bingo 1:00pm Tai Chi 4:15pm	3 Medicare Part D 9:00-2:30pm Euchre 10:00-12:00pm Blood Pressure Checks 10:00- 11:30am Pinochle 12:00-3:00pm
6 Medicare Part D 9:00- 2:30pm Pinochle 12:00-3:00pm Tai Chi 3:00pm Chair Yoga 4:15pm Medicare 101 3:30pm	7 License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Mahjong 12:00-2:00pm Bingo 6:30pm	Medicare Part D 9:00-2:30pm Euchre 10:00-12:00pm Foot Care by appt only Line Dancing 10am-11:30am Pinochle 12:00-2:30pm Cardio & Strengthening 4:15pm	9. Pinochle Round Robin Free Bingo 1:00pm Tai Chi 4:15pm	CLOSED Veterans Day Glow BINGO @ American Legion Doors open 5p BINGO at 6p
Medicare Part D 9:00- 2:30pm Pinochle 12:00-3:00pm Tai Chi 3:00pm Chair Yoga 4:15pm	14 License Plate Discount VA 9:00-3:00pm Sew What's Happening? 10am-12pm Mahjong 12:00-2:00pm Bingo 6:30pm	Legal Aid 9:00am-3:00pm Euchre 10:00-12:00pm Foot Care 9a-12p Line Dancing 10am-11:30am Pinochle 12:00-2:30pm Cardio & Strengthening	16 Free Bingo 1:00pm Board Meeting 5:00pm Tai Chi 4:15pm Food Bank 10:00-11:30am	17 Medicare Part D 9:00–2:30pm Euchre 10:00–12:00pm Blood Pressure Checks 10:00– 11:30am Pinochle 12:00–3:00pm
20 Medicare Part D 9:00- 2:30pm Pinochle 12:00-3:00pm Tai Chi 3:00pm Chair Yoga 4:15pm	21 License Plate Discount Mahjong 12:00-2:00pm Caregiver Support Group 1:30pm Bingo 6:30pm	Medicare Part D 9:00-2:30pm Euchre 10:00-12:00pm Foot Care by appt only Line Dancing 10am-11:30am Pinochle 12:00-2:30pm Culvers Fundraiser 5pm-8pm	CLOSED Thanksgiving Day No Silver Fox Fitness	CLOSED Black Friday
Medicare Part D 9am- 2:30pm Joyful Painting 10a- 12:30p Pinochle 12:00-3:00pm Tai Chi 3:00pm Chair Yoga 4:15pm	28 License Plate Discount Mahjong 12:00–2:00pm Bingo 6:30pm	Medicare Part D 9:00–2:30pm Foot Care 9a–12p Line Dancing 10am–11:30am Euchre 10:00–12:00pm Pinochle 12:00–2:30pm Cardio & Strengthening 4:15pm	30	

	Ī	December 2023		
Mon	Tue	Wed	Thu	Fri
				1 Medicare Part D 9:00 – 2:30pm Euchre 10:00–12:00pm Blood Pressure Checks 10:00– 11:30am Pinochle 12:00–2:30pm
4 Medicare Part D 9:00- 2:30pm Pinochle 12:00-2:30pm Chair Yoga 4:15pm Medicare 101 3:30pm	5 License Plate Discount VA 9:00-3:00pm Book Club 10:00-11:00am Mahjong 12:00-2:00pm Bingo 6:30pm	6 Medicare Part D 9a—2:30pm Euchre 10:00-12:00pm Pinochle 12:00-2:30pm Foot Care by appt only Cardio & Strengthening 4:15pm	7 Massages available by appt Free Bingo 1:00pm Tai Chi 4:15pm Open Enrollment for Medicare Part D Appts ENDS Drive Thru/Dine in Chicken Dinner 4-6:30pm	8 Euchre 10:00–12:00pm Blood Pressure Checks 10:00– 11:30am Pinochle 12:00–2:30pm
11 Pinochle 12:00-2:30pm Chair Yoga 4:15pm	License Plate Discount Sew What's Happening? 10- 12pm Mahjong 12:00-2:00pm Bingo 6:30pm	13 Euchre 10:00-12:00pm Pinochle 12:00-2:30pm Cardio & Strengthening 4:15pm	14 Pinochle Round Robin Free Bingo 1:00pm Social Security 1:00-3:00pm Tai Chi 4:15pm Food Bank 10:00-11:30am Board Meeting 5:00pm	15 Euchre 10:00–12:00pm Blood Pressure Checks 10:00– 11:30am Pinochle 12:00–2:30pm
18 Pinochle 12:00–2:30pm No Silver Fox Fitness Holiday Break Resumes first week in Jan!	19 License Plate Discount VA 9:00-3:00pm Mahjong 12:00-2:00pm Caregiver Support Group 1:30pm Bingo 6:30pm	20 Legal Aid 9:00am-3:00pm Euchre 10:00-12:00pm Foot Care by appt only Pinochle 12:00-2:30pm	21 Free Bingo 1:00pm	CLOSED Observing Christmas Eve Day
CLOSED Observing Christmas Day	26 License Plate Discount Mahjong 12:00-2:00pm NO BINGO— HAPPY HOLIDAYS	Euchre 10:00–12:00pm Pinochle 12:00–2:30pm Culvers Fundraiser 5pm–8pm	28 Free Bingo 1:00pm	CLOSED Observing New Years Eve Day

Telephone: (217) 732-9606

Drs. Dennis Rabe, Maxx Craggs & Debra Smothers-Champley



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To become a sponsor of our Newsletter and to get your ad in each edition, please call the Oasis at 217-732-6132 for Ad Info!

The space is business card sized, and would be added to all 4 editions of our quarterly newsletter!

YOUR AD HERE!

Oasis Membership

The Oasis is chartered as a Public Charitable organization; therefore, we provide services and activities to all people without discrimination and/or affiliation through membership. However, membership is a key component to our very existence and the pursuit of grants. Membership is the benchmark most grants used as a gauge of community support for our organization.

Dues not only help us print and mail the newsletter to you it also is an avenue to buy supplies, pay for utilities, building repairs, etc. The cost to administer programs and operations, like so many businesses and yourselves, has increased.

Did you know?

The Oasis receives funding every year from the Logan County Senior Levy United Way and Area Aging Agency. Some money comes from local business for specific projects. (Example: Dishwasher) We are dependent on contributions, donations and membership.

Please consider helping the Oasis, the community of Logan County, and the individuals who call the Oasis their home. The form on page 19 allows you to increase your donation level beyond membership fee.

You will receive discounts on many of the activities at the Oasis, in 2023 all program & activity fees will have a Member fee and Non-Member fee.

The Oasis has switched to a new member tracking system, so please make sure you complete all fields on the new form, regardless of your past forms submissions.

- Dues are \$25.00 per calendar year January 1, 2024 through December 31, 2024
- Please submit this form no later than January 31, 2024.
- The nominal membership fees assists in paying for 4 issues (quarterly) of newsletters (printing & mailing), along with providing programs & services for seniors.
- Memberships Dues not received on or before January 31, 2024 will neither receive further issues of the newsletter in 2023 nor be eligible for discounts for activities & trips.
- Century Club—please also fill this form out in it's entirety, so that we can
 ensure our systems reflects correct information.



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The Oasis Senior Center is a 501(c) 3 organization under the Internal Revenue Service code. No gift, service or consideration was exchanged for your donation, which is tax-deductible, to the full extent allowed by law.

Oasis at 217-732-6132



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Lincoln, IL 62656

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Winter is coming... Inclement Weather

The cold weather season will soon be upon us, and when the forecast turns snowy (or icy), we understand that you want to know as soon as possible if the Oasis Senior Center will be closed. Closing the center is not something we do lightly. Ultimately safety comes first: members safety, and our staff. We try to make the decision as early as possible, however, weather is unpredictable – sometimes we need to monitor weather conditions longer, to make the best possible decision. Sometimes the snow plows cannot get to our parking lot before 9AM. If the weather is getting bad—please remember to check the Oasis Facebook page for center closures!

Please use your best judgement when venturing outside and attending appointments or activities.